

# Fundamentals of the 141 Offense

# Crease Play

As ball moves along the perimeter, the 2 crease players will do a “high C” and “Low C’ cuts.

Starting with ball up top.... When ball goes to M1, M2 High C cuts to top while A2 Low C cuts to low

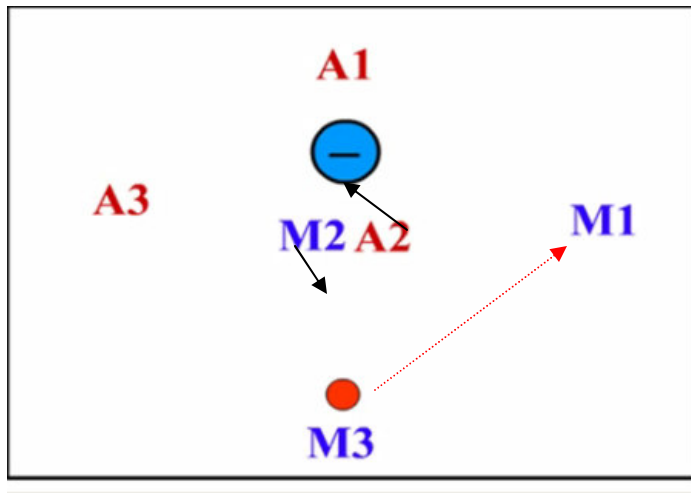


Figure 1

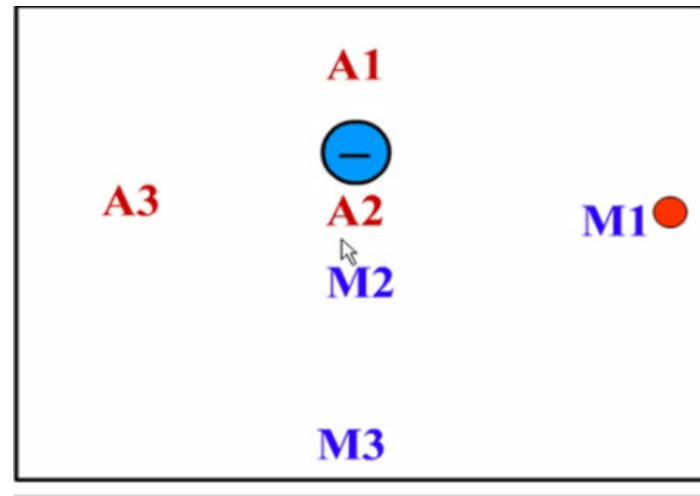
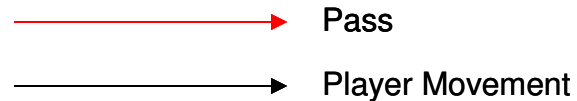


Figure 2



# Crease Play

As ball goes to A1, M2 Low C cuts to post while A2 goes to other post. *Figure 3*

When ball goes to A3, M2 does Low C to far pipe, A2 does High C. *Figure 4*

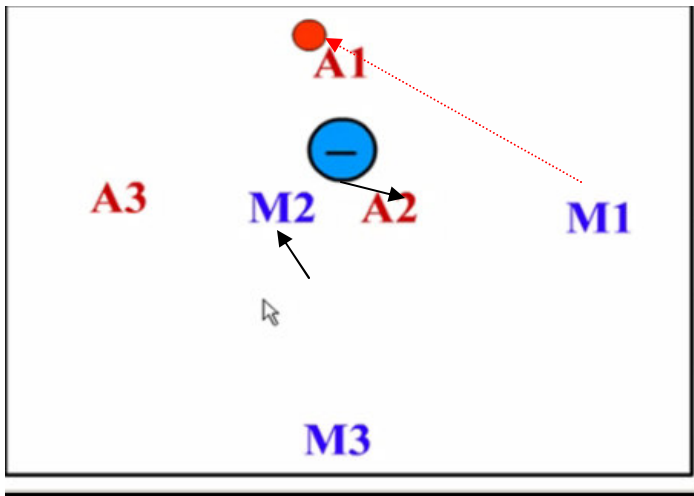


Figure 3

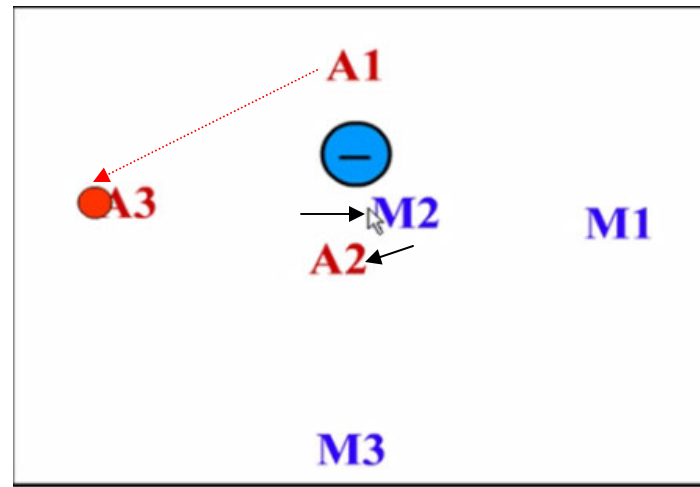
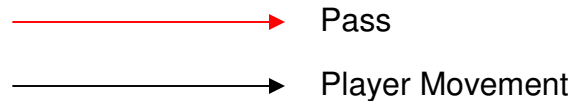


Figure 4



# Movement

For the outside perimeter players, every 2 passes will result in a dodge. Starting in this formation. *Figure 5*

As the ball goes from M3 to M1 and then to A1, once A1 gets the ball he dodges to his right pushing A3 to the top, M3 to the right and M1 to X. *Figure 6*

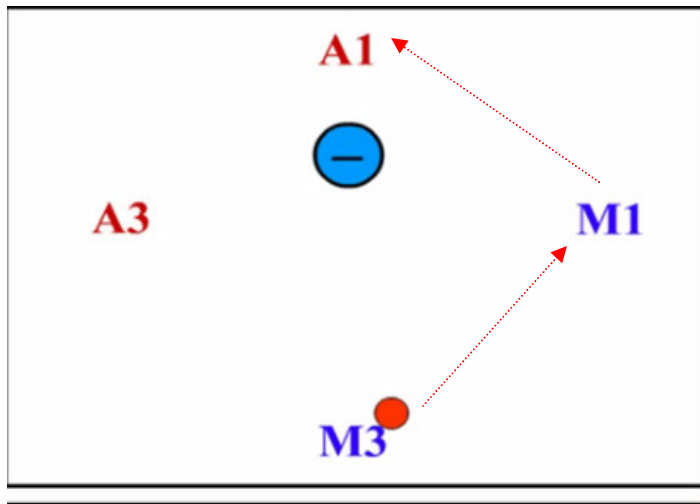


Figure 5

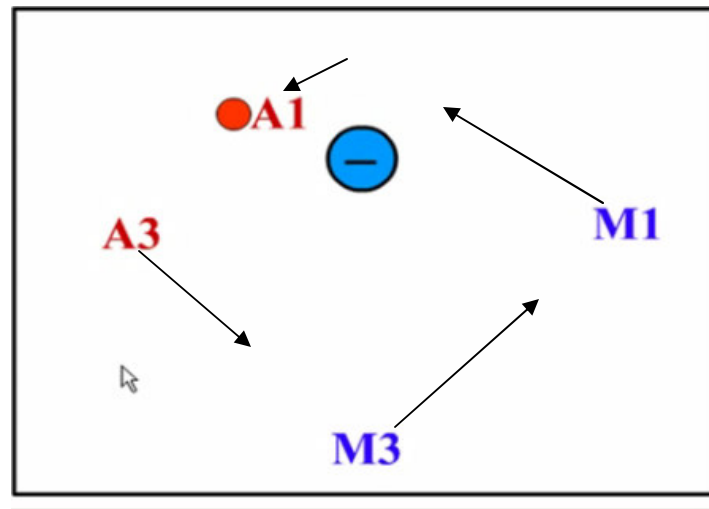


Figure 6

- Pass
- Player Movement

# Movement

2 Quick passes to M3 as the players are moving into their new positions. *Figure 7*

And they should end up like this. *Figure 8*

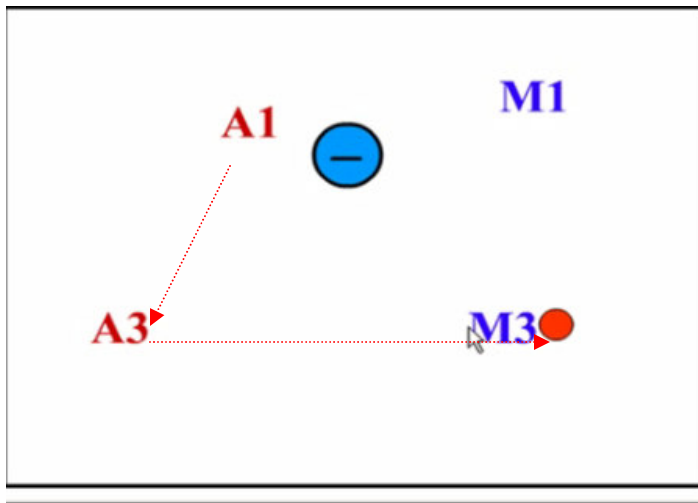


Figure 5

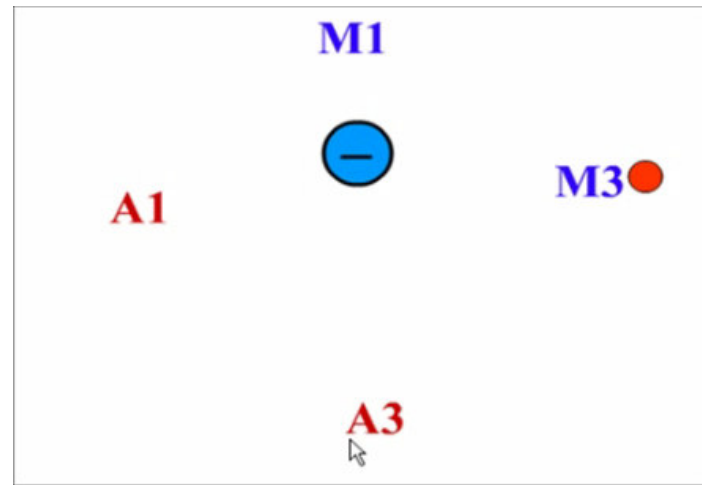


Figure 6

- Pass
- Player Movement

# Full Motion

2 Quick passes to A1 as crease players, M2 and A2, make their cuts high and low.  
*Figure 9*

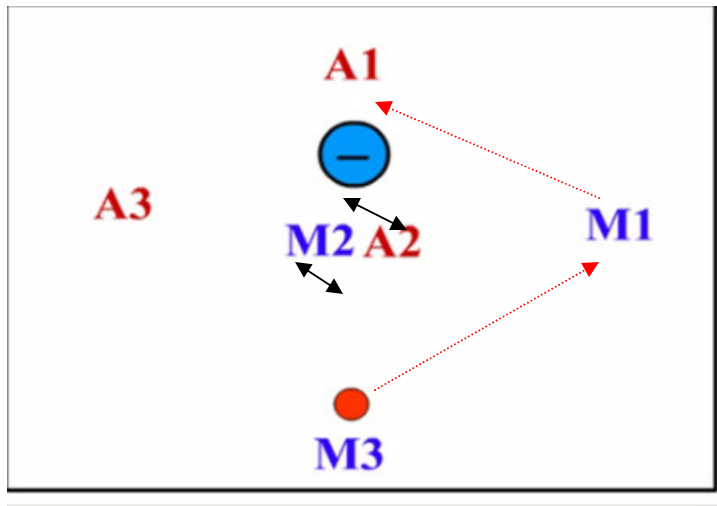


Figure 9

A1 dodges to the right, pushing perimeter players into a box formation. M2 and A2 low and high cut. *Figure 10*

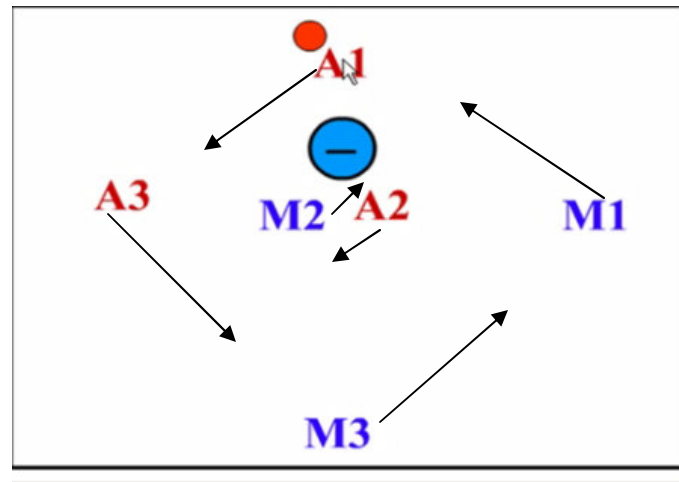
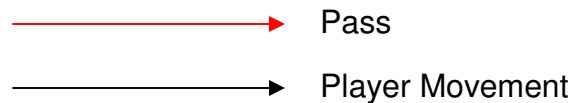


Figure 10



# Full Motion

2 Quick passes to M3 as crease players, M2 and A2, make their cuts high and low. M3 then dodges down right side. *Figure 11*

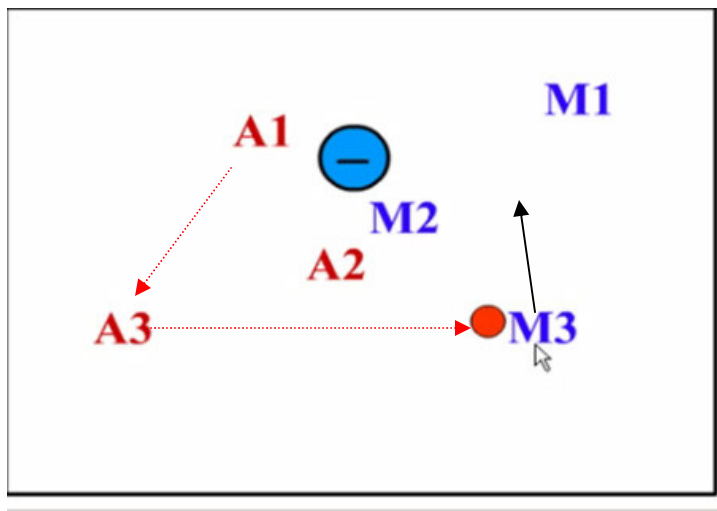


Figure 11

After M3 dodges, formation should look like a diamond. Continue, 2 passes and a dodge which pushed players to their right. *Figure 12*

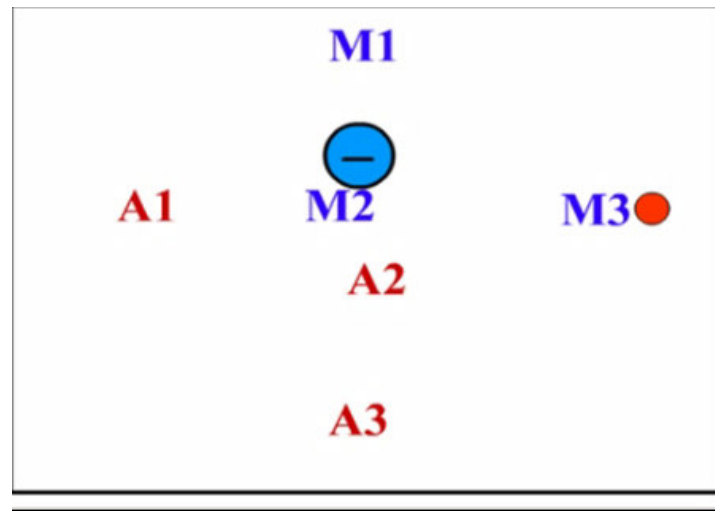


Figure 12

- Pass
- Player Movement